



The Brabazon Trust

Annual Report 2023

The Brabazon Trust

The Brabazon Trust, established over 122 years ago in 1902, is part of the Nursing Home and Sheltered Housing Division of Protestant Aid.

It supports older people, helping them to enjoy the best physical and mental health and well-being and enabling them to fully participate in social, cultural, community and family life. It is home to older people who seek companionship and society in a safe, secure and comfortable environment.

The sheltered housing accommodation consists of 52 purpose-built apartments which enable people to live either independently or with some assistance. They live in the knowledge that security, maintenance and heating are taken care of and that they are most welcome to meet and dine with others in the main house in a sociable and friendly setting. The gardens are wonderfully cared for and enhance the atmosphere in Brabazon.

The Nursing Home, on Gilford Road in Sandymount, Dublin 4, provides full nursing home care for 51 residents and has a high dependency unit for those requiring a greater level of care. The highly experienced team cares for all residents to the highest standards and it is of great comfort to our sheltered housing residents to know that they shall be catered for should their care needs change or increase.



Chairman's Report



The care and wellbeing we all hope to enjoy as we get older is something most of us will think about from time to time, but as recent trends demonstrate, it is also a major challenge for our society, for the health service and for our political system.

As life expectancy has increased, and advances in medical science have offered not just longer lives but better health too, we have big decisions to make about the care of older members of society.

A study in the Irish Medical Journal reported that on average a girl born in 2020 in Ireland can expect to live to 92, while for boys the average will be 90 years. The study indicates that many children being born today have a good chance of reaching 100.

Happily, we regularly celebrate 100th birthdays in Brabazon and will likely celebrate many more in the future. But longevity means we need a financially sustainable way of caring for older members of our community.

Growing up, I knew many friends who had a granny or granddad living with them at home, usually cared for by the mother of the house. That is now rare.

THANK YOU

Many thanks for the care given to our Aunt over the many years she lived at Brabazon, especially over the last few years of COVID. We know that she appreciated the kindness and skill of the staff there. It was always comforting for us to know how well she was being looked after.

Thank you very much for the Personal and Professional support you gave me in the last 7 years. I really enjoyed being a part of your team in Brabazon. I will definitely miss you!

I want to thank you for the entire period I worked at Brabazon, for the care, affection and concern you have for the work team.

The good news is that home care supports can allow more people to stay in their family home longer, but as we age, more of us will need long-term nursing home care.

A recent report for Nursing Homes Ireland projects that, based on population growth alone, an additional 45,000 long-term care beds will be needed by 2031. That is almost double the current provision. The challenge will be to fund that care in a way that is affordable while maintaining the highest standards.

In Brabazon, we strive to deliver the very best of care, in a supportive community, ensuring that all our residents can live full, confident lives. For me, those three watchwords define our mission - care, community, and confidence.

In our nursing home, care is delivered by teams of qualified nursing and care professionals who can also offer occasional support to residents in Sheltered Housing. Our care staff meet the needs of our residents with compassion and dedication. I join with the residents and their families in thanking all our staff for their hard work, their skill and their commitment.



In Brabazon, care is given as part of a strong and supportive community. Indeed, Brabazon is a unique community, with residents in long-term care enjoying friendship and regular contact with those living independently in Sheltered Housing. This is a model of care and community which we believe could serve as an example for elder care more widely in Ireland in the years ahead.

The result of first-class care in a supportive community are residents who can be confident that their needs will be met, giving them and their families the peace of mind that allows them to live their lives to the full. The challenge for the future is delivering all this in a way that can be sustained financially.

The Fair Deal nursing homes scheme, under which the State funds long-term care, has been a hugely positive and transformative initiative.

But it is now clear that the current levels of funding available under the scheme are wholly inadequate to meet the costs of care.

Already under pressure, the recent sharp rise in inflation has left the scheme significantly underfunded. We in Brabazon will continue to press for improved levels of payment from the scheme, but in the meantime, we depend more than ever on our generous donors.

RETIREMENT - Ken Davis

As this report was going to press, we marked the retirement of our Property Services Manager, Ken Davis.



Ken has been a key member of the leadership team during a challenging time for Brabazon, ensuring the home is both well maintained and constantly upgraded to meet changing regulatory requirements. At a recent reception to mark his departure from us, residents spoke with great sincerity of their affection for Ken, and expressed gratitude for all he had done to keep them safe during the recent pandemic. I and the committee wish Ken and his family every happiness for his retirement.



Your donations make it possible to provide the very best of care and for that I am more grateful than I can say.

Once again, I want to thank the hardworking and dedicated Management Committee. This past year saw the retirement of one of our longest serving members Ivor Moloney. Ivor gave many years of service to Brabazon and to our sister home St John's, where he was a former Chairman. His contributions to our meetings were always thoughtful, challenging and had the best interests of Brabazon to the fore. I thank Ivor and wish him well.

The coming year will be an exciting one for Brabazon. We have submitted a planning application for the development of our facilities including new communal areas, an expanded kitchen, and improved staff facilities.

Brabazon has a long history of care in the community, but more importantly will continue to give our residents every opportunity to live full and confident lives, now and into the future.

Bryan Dobson,
Chairman

General Manager's Report



The year 2023 brought many new challenges for the management, staff and residents in Brabazon's 122-year history.

Ongoing respiratory viral infections and outbreaks throughout the community and throughout the year meant that we continued the additional measures and actions required by the Department of Health, HSE, HIQA and other stakeholders for the protection and support of our residents.

At all times, we adhere to the measures required and are deeply grateful to all of our staff for the care they provide in what have been extremely challenging circumstances recently.

We are also grateful to, and would like to acknowledge, the financial support that we received from the Dublin Waste to Energy Community Gain Projects Grant Scheme 2023. We were approved for grant funding to a value of €37,100 and this was used to undertake necessary fire precaution upgrade works in Brabazon House Nursing Home during the year.

THANK YOU

Our grateful thanks to you all individually and collectively for everything you have done for my Dad and Mum. The love you showed and sensitivity and care was incredible. We loved Dad with all our heart and he has been the most wonderful father our whole lives. Family was everything to Dad and you were all his family here. Thank you for your love and care of Mum. This is her home and you are her family. Thank you so much.

Thank you so much for supporting Dad following his return from hospital, and for your kind, warm and generous support of me in the following week. It made all the difference and we are truly grateful.

Our Director of Nursing, Usha Sundar (right), and her clinical and caring teams work hard to ensure that the services we provide are in line with the regulations and national standards set out by the Health Act 2007.

At all times, we aim to ensure that our residents are safe, have their rights respected, that they are included in decisions about their care, that they are provided with care that matches their individual health and social needs and that they have a good quality of life.

The Activities Team helps to create and implement a programme of meaningful activities throughout each and every week and throughout the year. They develop programmes and events that are both interesting and progressive.

This year, we had interesting talks from Ryan Baird (Rugby tour of New Zealand), Lt Colonel Fred O'Donovan (Army travel overseas), and Caroline Senior (from Blackwater Distillery - Whiskey & Gin, and some samples!).



We had regular musical entertainment from Gareth Miller and the Ukele Group, a very welcome visit from the Stedfast Band in July. We had our inaugural Brabazon Dog Show in August, the very popular winner was a regular visitor, Poppy.

In August, there was a Summer Outing to the Glenview Hotel, where we had a lovely meal with musical entertainment from Eddie Reynolds.

At Christmas, we had the Rathfarnham Golf Club Singers and singers from St Matthew's Church singing Christmas carols, and we also had our Christmas Dinner complete with a visit from Santa Claus!

The Brabazon Chaplain, Canon Dr Adrian Empey, continues to provide a very valuable contribution to the life and soul of Brabazon. His regular visits to Brabazon on many Tuesdays are welcomed by all the residents and staff and he is always available to visit ill residents in hospital at any time of the day or night.

He provides valuable pastoral support to the friends and families of our residents. He also has monthly communion services and further services on festive occasions, such as Easter, Harvest Thanksgiving and Christmas.



The Maintenance Team of Ken, Dermot, Frank and Mariusz continue to provide a very reassuring support in Brabazon. They are always available to keep the buildings and grounds in good working order.

They support the small group of Residents gardeners who ensure that the flowerbeds are well-tended and colourful.

We are grateful for these very talented and interested gardeners who ensure that the gardens evolve through the seasons and that the gardens are always looking their best.

2023 saw a collaborative year with the Aramark Catering Team, working in partnership to deliver a high standard of food service. Throughout the year, we adapted our service to suit the needs of the residents at the time.

We had several summer events which brought a great social aspect to the residents' days. Chef Manager Anna and her team carefully planned each event to ensure all ran smoothly.

We regularly undertake a Brabazon food survey to ensure that we have structured feedback from our residents and can take any action deemed necessary.





The Brabazon staff, including the clinical nursing and caring teams, the activities and maintenance teams, the administrative support, the catering and cleaning teams, and all those who work in Brabazon, have all continued to deliver the best of care and support to our residents. We thank them for this contribution.

Finally, as always, we would encourage those interested in the Brabazon Trust Sheltered Housing not to delay in considering the social aspects, camaraderie and safe environment that it offers and can provide.

Hugh St Leger,
General Manager

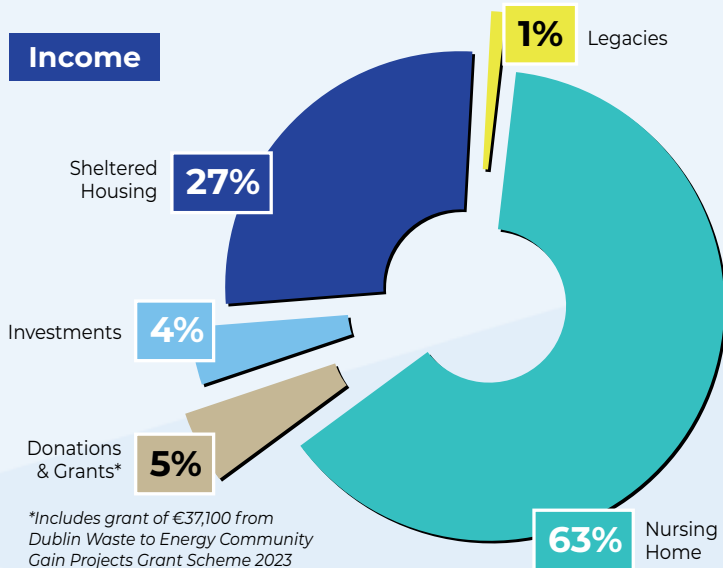
THANK YOU

Many thanks for the very special day which I spent with you all in Brabazon and for your kind donation of money and woolly scarves and hats. I thoroughly enjoyed the day and look forward to meeting with you all again soon. I have passed the proceeds of the sale and donation to our treasurer. She will deal with this and send you a 'thank you' on her return from holiday.

*Rev'd Willie Black,
The Mission to Seafarers*

Thank you so much for a wonderful party yesterday. I know how much work you all put into it to make it such a memorable occasion. Sun, music, strawberries and cream...what more could one want?

The Brabazon Trust 2023 Summary



Have you considered leaving a gift to Brabazon Trust in your Will?

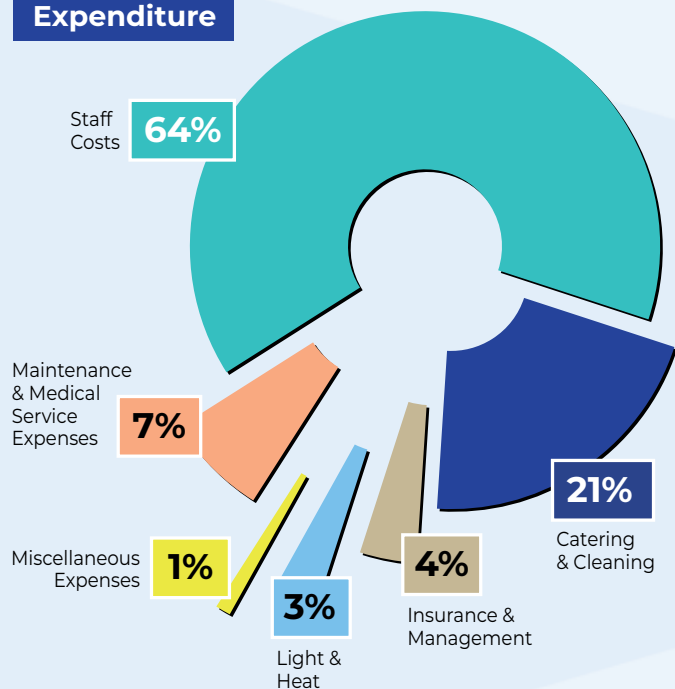
Legacies have become an increasingly important contribution to our funds over the years.

They are entrusted to Brabazon by those who have left provision in their Wills, and because they can be invested wisely, are an invaluable resource towards the continuity of our work. Leaving a gift to Brabazon in your Will is an amazing way for your generosity to last beyond your own lifetime.



Brabazon Trust's financial statements are prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2014. Brabazon Trust's financial statements fully comply with Charities SORP (FRS102) and will be available on our website www.brabazontrust.ie

Expenditure



How can I help?

We remain very grateful to our donors who have provided support to the Brabazon Trust over many years. If you feel you are in a position to donate to our work and to help ensure that Brabazon continues to be 'a home from home' for all our residents - donations to Brabazon Trust can be made in a number of ways:

BY CHEQUE - Payable to Brabazon Trust and sent to our registered office at 202A Merrion Road, Dublin D04 R9W8. They can also be sent to Brabazon Trust, 2 Gilford Road, Sandymount, Dublin 4, D04 TN93.

ONLINE - www.protestantaid.org using the Donation Form and select The Brabazon Trust.

STANDING ORDER - We have a Standing Order form that can be downloaded from our website, or is also available from Brabazon Trust.

Alternatively our bank account details are below:

Bank Account Name: Brabazon Trust
IBAN: IE56 AIBK 9312 9201 1710 92
BIC: AIBKIE2D

Make your donation go even further!

Brabazon Trust is authorised by the Revenue Commissioners as an approved body under the Charitable Donation Scheme under the terms of Section 848A Taxes Consolidation Act 1997.

This means that if you pay tax and donate €250 or more in one calendar year, by reclaiming tax on your donation we can increase it by an extra 45%. For example, if you donate €250, that could be worth €362.32 to Brabazon.

To enable Brabazon Trust to claim this relief all you need to do is to complete a form (CHY3 Enduring Certificate- valid for 5 years or CHY4 Annual Certificate - valid for 1 year).

Brabazon Residents Activities 2023

By Margaret Mitchell

As the Summer Season closed, the 2023 summer felt like traffic lights were in control of sport activities!

- **Stop** - COVID Case
- **Get ready to play** - Rain or too cold to sit out - wait
- **Go** - Carefully - not used to this

In May, when the sun shone, the grass was growing in tufts, so we had to wait for it to catch up, then the mower was not doing its job very well: by the time the mower and grass were ready, we had lost our practice month of May; then June decided to be rather chilly and July just rained! August was a very busy month with the three competitions.

A single day was nominated for each competition and everyone turned up for the afternoon, creating an excellent atmosphere which everyone enjoyed.

However, when COVID prevented us playing on the putting greens, we were able to play Croquet on the Bowling Green... it's gentle and the mallet is a good walking stick!



The Bowling shed developed a sag and looked very sorry. The Committee kindly bought a new shed and all Stephen's lovely carpentry was transferred into the new shed perfectly.



RESULTS

The Noreen Furlong Trophy

The match finished with John Osman and Margaret Mitchell on same score, the play-offs both had the same score - then sudden death, with John finishing strongly by getting a hole in one!

- 1st John Osman
- 2nd Margaret Mitchell
- 3rd Peter Nicol

Graham Richards Trophy

- 1st John Osman
- 2nd Olive Popplewell
- 3rd Peter Nicol

Golfer of the Year

- John Osman

Bowler of the Year

- Doris Brooks

This is John's first season with us and he has won all before him.

'Thank you' John for joining in all the Putting Games, maybe next year you will coach us!

Bowling 2023

The strong small group of loyal bowlers played all year when the weather permitted. Yet again the Bowlers all won their match against the Committee! It was the golfers who lost the trophy! We are all hoping some new Residents will join the Bowling Group.

Residents v Committee August 2023

Bowling

Residents	5
Committee	3

Putting

Residents	1.5
Committee	4.5

Totals

Residents	6.5
Committee	7.5

Committee won the trophy 2023

PRIVATE DONORS*

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Mrs Mary Bailey
Ossie & Helen Baily
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Mr Robert Barklie
Mrs Dorothy Barrett
Mrs Olivia Bartlett
Alec & Heather Bell
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Mr Winston Boyle
Mrs Brenda Branigan
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Mrs Iris Weir
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Ms A J Williams
Mrs Heather Williamson
Mrs Wendy Wisdom
Mr Terence Woulfe Flanagan

CHURCH/PARISH DONATIONS

Christ Church Dun Laoghaire
St Ann's Church, Dublin

LEGACIES

Ken Bateson
Maurice Coard
Irene Hughes
Very Rev Victor Stacey

***We like to include the names of all our donors but due to current data protection regulations, we have been unable to do so where permission has not been received.**

IN MEMORY DONATIONS*

In Memory of

Gladys Abbott
Peggy Allbutt
Georgina Brady
John Durrant
Robert Ganly
David Glazier
Desmond Harte
Doreen Johnson
George Kerr
Miss I Malley
Peter McDonough
Greta Milligan
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Donor

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Mrs Esme Lewis
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Anonymous
Mrs Sheila Hillis
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Mr W G J Kidd
Mrs June Malley
Ms Valerie Owens
Mr Cecil Rowden
Ms Valerie Shaw
Mr Ivan Sheane
Mrs Gillian Sheils
Mrs Alison Dunlop
Alan & Pamela McCurdy
Mr Quentin Teggins

St John's House Nursing Home

St John's House Nursing Home is situated in the leafy suburbs of Ballsbridge Dublin 4. The home has a modern design and is beautifully designed, providing our residents with a high degree of privacy and comfort.

The bedrooms are superbly finished, with bespoke furniture and a nurse call system. All bedrooms are en-suite and have been designed to afford easy access. While the majority of our rooms are single, we also have a small number of double rooms available to facilitate partners.

All bedrooms have windows, which oversee many of the surrounding aspects of St John's House and other well-known landmarks nearby, including the Aviva Stadium, the Pigeon House Towers and St Vincent's Hospital.



The home environment is designed to be cosy, with small lounges and quiet rooms with specialised lighting, signage and décor.

Among the facilities available, there is a hairdressing salon and treatment room with a full in-house laundry service.

St John's House endeavours to provide a wide range of activities to promote and cater for the physical, emotional and spiritual needs of our residents.

Together with our professional catering partners, Aramark, menus are prepared to ensure a healthy balanced diet, comprising fresh, seasonal ingredients. Each meal is not just nutritional, but also looks great and tastes delicious.

Pastoral contact and spiritual support are provided to all by Canon Andrew McCroskey. Each Friday, he holds a service in the Chapel, followed by a coffee morning.

This coming together provides a sense of community for all our residents. We hope you like the sound of what St John's House has to offer, but appreciate that there are many factors to think about as you plan ahead for your future. Please feel free to contact us directly and arrange a visit, by appointment.

For all enquiries, please contact St John's House at (01) 269 2213 where you will receive a warm welcome from our team.

Simon Homan,
General Manager,
St John's House Nursing Home
Registered Charity No. (RCN): 20000769



Chairman: Bryan Dobson.

Committee: Audrey Craven, Janet Fox,
Yvonne Good, Graham Richards,
Arthur Vincent, Sandra Younge.

Secretary: David Webb.

Director of Nursing: Usha Sundar.

General Manager: Hugh St Leger.

Chaplain: Canon Adrian Empey.

Medical: Moe Family Practice.

Auditors

Ormsby & Rhodes,
9 Clare Street, Dublin 2.

Bank

AIB Bank,
40-42 Ranelagh, Dublin 6.

Solicitors

Matheson,
70 Sir John Rogerson's Quay,
Dublin 2.

Registered Address: 202A Merrion Road,
Dublin 4, D04 R9W8
Registered Charity No. (RCN): 20020231
CHY (Revenue) No.: CHY8293

The Brabazon Trust

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