

Annual Report 2014

The Brabazon Trust



Brabazon House as a centre for care for the elderly is unique in that it caters for Sheltered Housing and Nursing Home care all in the one complex



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Chairman's Statement

Towards the end of 2014, we received notification that our three-year re-registration inspection by HIQA (Health Information and Quality Authority) would take place in early December. All nursing homes have a three-year registration regime, and renewal for three-year periods.

The inspection was to take place over two days and would cover 18 different areas of regulation. We met the inspectors on the appointed day and went through the scope of the inspection which also covered interviews with staff, residents and relatives of residents.

The apparent success of Brabazon, comprising sheltered housing for 54 residents and nursing home accommodation with 50 residents, is attributable to the dedication of our caring staff.

Questionnaire forms from HIQA had been distributed in advance. By 5.00pm that evening, the inspectors indicated that matters had gone so well that a second day would not be required. A review with the inspectors took place at 7.30pm and lasted one hour.





Out of the 18 areas covered, 16 were deemed to be fully compliant with the other two of a minor nature. This was a tremendous outcome and reflected so well on the hard work by Susan Anderson, Director of Nursing, and all her staff. Since then we have received our re-registration certificate which will last until April 2018.

The apparent success of Brabazon, comprising sheltered housing for 54 residents and nursing home accommodation with 50 residents, is attributable to the dedication of our caring staff. The support provided by our administrative and ground staff, catering and the work of the Brabazon Committee on a voluntary basis throughout the year, is also crucial in achieving this status. The financial assistance provided by our subscribers through annual donations and legacies is key to the delivery of our services to the elderly and cannot be under-estimated.

The same is true of St John's House located on the Merrion Road where up to 44 residents are looked after by a caring staff under the leadership of Barbara FitzGerald, Director of Nursing. St John's also underwent its HIQA inspection for re-registration in November which it successfully passed and has its certificate to June 2018.

The Board of Protestant Aid has agreed to proceed with the construction of a new 56-bedded nursing home at the rear of St John's. Final planning permission has been obtained with building works commencing in October 2015.

**Graham Richards,
Chairman**

Manager's Report

Brabazon Trust

Since Brabazon House first opened 113 years ago, it has been home to older people who seek companionship and society in a comfortable, safe environment.

This is still the case and we have 54 purpose-built apartments to enable people to live independently while being part of a sheltered community. They can do so in the knowledge that maintenance and heating are taken care of and that they are welcome to meet and dine with others in the main house in a sociable and friendly setting.

In the main house, we provide full nursing home accommodation and a high dependency unit for those requiring a greater level of care. It can be of great comfort to our sheltered housing residents to know that they will be catered for should their care needs increase. Both the nursing home and sheltered housing continue to be very busy, with full occupancy. We have noticed that, increasingly, people are leaving it later to come into sheltered and nursing home accommodation.



Brabazon Management Team:

(left to right):
Ken Davis, Property Services Manager, Susan Anderson, Director of Nursing, Hugh St Leger, General Manager and Carolyn Gordon, Administrator.

At the end of 2014, we successfully received our Certificate of Registration from HIQA, which is valid until April 2018, following a detailed inspection. Nursing homes operate in a very regulated sector of the healthcare industry and we are proud of the way in which we have met the quality standards underpinned by regulations.

We continue to have an excellent team of nursing staff and carers under the careful and dedicated direction of the Director of Nursing, Susan Anderson. We also acknowledge the efficient back-up assistance of our administrator, Carolyn Gordon, and the support given by David Wright in all areas relating to HR.

Ken Davis joined the Property Services Team in August and together with Ernie Watchorn, Dermot Brennan and Eric Watchorn, provide a fully functioning and efficient on-site maintenance service.

We also appreciate the help and assistance which Bryan Burdett and John Bailey gave for a time during the year.



This was necessitated by the serious illness which overcame Andrew Graham (left) in the early part of the year. Andrew made a huge and positive impression on all who met him during his relatively short time in the Brabazon community and we were all very upset to hear of his passing.

The gardens in Brabazon are always beautiful and are at their very best in the summer months. We are very grateful to the many people involved in their creation, development and maintenance.



There is an amazing team of people who take an interest in the gardens and their efforts are always on display and appreciated by all the residents and visitors.

Along with the usual activities run by the staff, there were many other additional activities organised during 2014. There were a number of concerts held in April including "Just a Song at Twilight." A new game was devised called "Brabazon Hooping." This is proving popular and two light sets of bowling woods have been provided.

The World Day Of Prayer was held in March, with guest speaker Cherry Poynton. A barbecue held in June was much enjoyed by the residents and there were two outings during the year. In June, we went to the Glenview Hotel in Glen o' the Downs, Co. Wicklow on our summer outing. The drive there is lovely, the view from the dining room is stunning and the food quality is good.

And in November, we went on a magical mystery tour around Clontarf, Howth and Malahide, finishing up with lunch in the Grand Hotel. At Christmas, we had our usual Christmas dinner and were visited by Santa who added to the festive occasion. The Carol Service was conducted by Reverend Canon Adrian Empey and the festive carols were played by Alison Young.

We are fortunate to have Canon Empey as our Chaplain. He is always available and it is comforting to have him as a spiritual support to our residents and staff.



The Resident Artists' Calendar 2015 was launched in December and once again featured the creative talents of those residing in Brabazon. In August and November, we had the always-popular "Songs of Praise" organised by Maurice McDonough and Alison Young.



The periodical newsletter, "Grey Matters", had a number of issues during the year. This is an entertaining and informative publication and the editorial committee encourages anyone with anything interesting to say to submit articles or photographs for publication.



As mentioned earlier, we are regulated by HIQA, and throughout 2014 we continued to make significant investments in our care facilities in order to maintain compliance with the standards laid down in the various regulations. We also

committed considerable resources to staff training and ensured that all staff members have up-to-date mandatory training and access to education to meet the needs of residents.

Finally, all those who work in Brabazon are proud of the homely atmosphere that they provide for all our residents and their friends and families.

St John's House

The year 2014 was a significant one in the history of St John's House. In November, we applied for permission to renovate and extend the existing St John's House to a 56-bed nursing home, which has been subsequently approved.

The existing building is a purpose-built nursing home dating from 1837 and although it has been home to many residents since its construction, it is now considered to be an appropriate time to re-develop the home to meet the standards and challenges of current times. Once completed, the new nursing home will have up-to-date facilities in a welcoming and caring environment. In the changes being made, the history, culture and atmosphere of St John's House will not be forgotten and the new building will become a central part of the public life within the house.

In November 2014, St John's House had an announced HIQA audit as part of its application to renew its registration. This inspection was over two days and resulted in a positive outcome. The Director of Nursing, Barbara FitzGerald, leads an excellent team of staff and carers and Simon Homan provides a warm welcome and an efficient administrative support. Some of the events and activities throughout the year included a 'Jigs & Reels' Irish dance by Louise Fitzgerald and the Carol Service in December, where we welcomed the Most Reverend Michael Jackson, Archbishop of Dublin.

Hugh St Leger, General Manager

Outdoor Activities

Throughout the year, residents were actively involved in such pursuits as **Putting, Bowls and Hooping (aka Golf Croquet!)**.

Putting

Margaret Mitchell won the Golfer of the Year award winning the Noreen Furlong Trophy and joint runner-up (with Ron Griffiths) to winner Olive Popplewell in the Graham Richards Cup.

Seven players registered holes-in-one during competitions and a rain-affected "Putting Bonanza" in September saw Ron Griffiths and Alison Dunlop finish first and second respectively.

Bowls

Regular sessions were held on the Bowling Green which attracted greater numbers competing. As a result, a Round-Robin Competition was organised and Violet Johnston was an impressive winner with 13 points out of a possible 14.

Golf Croquet

This is the proper name for 'hooping' we are told and some pleasant afternoons were spent learning the rules and mastering the art of the game. Even more action will be seen in 2015.



Annual Residents v Committee Putting & Bowls Match

The Bowling ended in a draw while the Putting saw the Residents edging the Committee by a single point to take the overall honours for the year, a source of great satisfaction for the Residents, of course!

Joan Mahony

Residents' Appreciation

Ron Griffiths spoke on behalf of the residents at the Christmas Lunch.

Having expressed thanks to all concerned for the most enjoyable Christmas Lunch, Ron emphasised the more important care given throughout the year.

"For local management, it has been a most turbulent year, with the retirement of Bryan Burdett and then the tragic illness suffered by Andrew Graham, John Bailey's replacement as Property Services Manager, which sadly claimed his life. A hiatus had occurred in the replacement for Bryan, but the year would end with Hugh St Leger as General Manager and Ken Davis as Property Services Manager."

"Throughout these difficult times, Susan, our Director of Nursing, ably supported by the Administrator Carolyn, had been a "Shining Light" and she had ensured that the residents were unaware of the management difficulties."





"Ciaran and James led the Catering Team and Ramona the Domestics, whilst day-to-day maintenance was covered by Ernie and his "First Lieutenant", Dermot."

The HIQA visits had been completed successfully and Ron recalled the saying "The wise man seeks perfection, but only the fool expects to achieve it!"

Ron pondered the functioning of the human brain, as he said he could easily forget an instruction given by his wife 5 minutes earlier, but with a little thought could recall an acronym from his studies over 60 years earlier. The acronym SITAM arose from consideration of what attributes made a caring establishment, namely STANDARDS; INTEGRITY; ATMOSPHERE; and MORALE.

One fine example of Brabazon was of a nurse who felt that she came to work not as an employee, but as a member of the family...

Each of these attributes is clearly visible in the functioning of Brabazon, he said, and was a tribute to all concerned. One fine example was that of a nurse who felt that she came to work not as an employee, but as a member of the family, looking after other members of the family.

That was MOTIVATION plus; and all down to Susan, Director of Nursing. Ron also thanked Reverend Canon Adrian for his spiritual care.

The uniqueness of Brabazon seems to have been confirmed in the light of recent criticism of the standard of care at a Home, on which Professor Gerard Quinn had opined that "A home is not a home when it is in a "care" institution."

Finally, through the Chairman Graham Richards, Ron thanked all who contributed in any way, to the Shelter, care and security provided in Brabazon.

Income & Expenditure Account

Extracts from the
Audited Accounts

Year ended
31 December 2014

	€ 2014	€ 2013
INCOME		
Contributions from residents	2,681,887	2,491,557
Health Service Executive	796,081	854,663
	<u>3,477,968</u>	<u>3,346,220</u>
EXPENDITURE		
Nursing and housekeeping	2,023,725	1,917,256
Maintenance and administration	371,677	322,736
Catering	446,398	435,842
Insurance	40,087	35,862
Light and heat	112,678	103,527
Repairs and maintenance	318,204	412,241
Medical expenses	103,087	84,683
Printing, postage and stationery	22,501	14,347
Telephone	5,764	5,458
Cablelink charges	7,771	8,321
Travelling & motor expenses	5,425	5,038
Audit & accountancy	2,061	5,862
Bank charges	1,902	1,468
General expenses	3,168	33,813
	<u>3,464,448</u>	<u>3,386,454</u>
SURPLUS/(DEFICIT)	13,520	(40,234)
Allocation of equipment cost from Protestant Aid	(46,866)	(48,766)
OPERATIONAL (DEFICIT) FOR THE YEAR	<u>(33,346)</u>	<u>(89,000)</u>
Donations	110,923	92,528
St John's House of Rest - administration fee	15,000	15,000
The Old Mens Home Charity	63,000	63,000
GROSS SURPLUS FOR THE YEAR	<u>155,577</u>	<u>81,528</u>
Transfer to refurbishment programme reserve	(100,000)	-
NET SURPLUS FOR THE YEAR	<u>€55,577</u>	<u>€81,528</u>

PRIVATE DONATIONS

Mr Stanley Acres
Mr & Mrs GN Allison
Miss Emily Anderson
Mrs Miriam Anderson
Mr CTC Armstrong
Mr Jonathan Armstrong
Mr Tom Armstrong
Mrs Patricia Arnold
Mr AE Ashmore
Mrs Daphne Athey
Mrs L Auchincloss
Mrs KM Bagwell
Mrs A Bannister
Mr & Mrs B Barden
Mr RC Barklie
Mrs Dorothy Barrett
Rev'd Prof J Bartlett
Mr KG Bateson
Mrs B Baynham
Mrs Aileen Bell
Mr & Mrs Alec Bell
Mrs Stella Bell
Mrs Edith Berry
Mr & Mrs Arthur Blennerhassett
Mr & Mrs J Blennerhassett
Mrs Kathleen Boate
Mrs Patricia Boate
Mrs Rosemary Bond
Mrs A Bowen
Mrs A Bowers
Mrs Myrtle E Boyle
Mr Winston Boyle
Mr Richard Brett
Ms Elisabeth Browne

Mrs Joan Browne
Mr Jeff Brownlee
Mrs Joan Bruton
Mr Roger W Byers
Mr John Campbell
Mr & Mrs N Campion
Mr & Mrs TG Campion
Mrs Betty Cantan
Mr WM Carson
Mr & Mrs I Carter
Ms Eileen F Cathcart
David F Churchward
Mr Jeremy D Clarke
Mr J Clegg
Frank & Deirdre Close
Neville & Hazel Cobbe
Mr & Mrs TRM Cobbe
Mr & Mrs Alan & Jill Cole
Mr & Mrs JF Condell
Mr Rory Connaughton
Mrs AM Conner
Mrs JWA Cooper
Mr Frank Coote
Dr Ronald Cox
Mr & Mrs TW Craig
Mr CB Craven
Mr Derek Crowe
Mr & Mrs DE Dann
Miss Vivienne Darling
Mr Selwyn Davies
Mrs Hope Davis
Mrs Pearl Deacon
Mr & Mrs J Dobson
Mr & Mrs Cecil & Morag Donovan
Victor & Rosemary Dorman Smith
Mrs Frances Dowse

Mrs Sally Duggan
Mr Trevor Dumbleton
Mrs Helen Dunbar
Mr Keith Dungan
Mr Mervyn Dyke
Mr Stephen Fairbrother
Mrs R Faulkner
Mrs Olwen R Ferris
Ms Iris Finnegan
Mr David Finney
Maud Fitzgerald
Ray Fitzgerald
Mr Trevor Fitzherbert
Mrs Esther Fogarty
Ms Elsie Foley
Miss Joyce E Foote
Mr & Mrs George Ford
Clifford & Jill Forsyth
Ms Lily Foxall
Mr SG Franck
Mrs H Frost
Mr MJ Furney
Mr Cecil A Geelan
Mrs Doreen Geelan
Mr Douglas Gillis
Mrs Phyllis Glenn
Mrs Heather Godfrey
Mrs CJ Gollock
Mr & Mrs GA Good
Mr & Mrs Jeffery Good
Miss EJ Graham
Mr FS Graham
Mr Gordon Graves
Ms Pamela Gray
Philip & Sandra Gray
Mrs Elizabeth Griffith

Miss Hilda Haire
Mrs Joan P Hall
Mrs Clara Hanna
Miss SV Harris
Miss L Hawkins
Mr R Graham Heather
Mrs Sylvia Hick
Norman Holmes
Mrs C Hughes
Mrs Irene Hughes
Mrs Audrey Hunter
Ms A Elizabeth Hurley
Mrs Gladys N Irvine
Fred & Heather Jackson
Mr Thomas James
Mr Des Johnson
Ms Natasha S Johnson
Mrs Gladys H Johnston
Mrs Gladys Jones
Mrs Maud Keery
Mrs Caroline Kennedy
Mrs Ruth Kenny
Mrs A Kilpatrick
Mr HK Kinsman
Mr & Mrs T King
Mrs Valerie King
Mrs ME Kirker
Mrs Joan Lambert
Mr DA Lane
Ms E Larkin Browne
Mr Denis Lawler
Mr & Mrs J Lee
Jack & Elizabeth Lee
Mr Alan Leeson
Mr W Levingstone
Rev'd Harry Lew

Norman & Agnes Lewis
The "Live Alone" Lunch Cttee
Rev'd Kingsley E Long
Mrs Anne Lysaght
Mr William Marshall
Mr Victor Martin
Mr AD Mason
Mr James Mathews
Mr Derek RE Maybury
Ms Dara McClatchie
Mr David McClean
Mr & Mrs B McConnell
Mr & Mrs David McConnell
Mrs E McCormack
Ted & Dorothy McCormack
Dr Joan E McCormick
Maurice & Pam McDonough
Miss MF MacDougall
Mr & Mrs P McDowell
Alan & Elizabeth McGloughlin
Mrs Marion MacGovern
Mr W McIlreavy
Mr & Mrs B McKeon
Mr I McKenzie
Mrs Jean McMullen
Ms Betty Memery
Mrs Helen Middleton
Jean & Desmond Miller
Mr George Montgomery
Mrs Caroline Murphy
Jane Murtagh & David
Brickenden
Canon & Mrs WBA Neill
Mrs M Nevin
Stephen & Jane Newell
Mr Bruce O'Brien

Mr Al & Mrs W O'Keeffe
 The & Madam O'Morchoe
 Jim & Helen O'Neill
 Mrs Frances Pakenham-Walsh
 Mrs A Park
 Mrs Muriel Parnell
 Mrs Patricia Pasley
 Mrs Anne Patterson
 Miss RJ Peacocke
 Mrs Susan Pedlow
 Mrs N Penney
 Mr CR Phillips
 Mrs Yvonne Pim
 Mr Brian Pollock
 Ms Hilary J Prentice
 Mr & Mrs David Rees
 Kenneth and Cecilie Reid
 Mr Graham Richards
 Mr Reg Richards
 Mrs NJ Richardson
 Mr Ronnie Richardson
 Mrs Joan Ringrose
 Ms Joan M Robinson
 Mrs Violet Rothwell
 Mr Cecil Rowden
 Mrs Elizabeth Rowland
 Mr Bob Ruttle
 Ms Lin Ryan
 Ms Mary Ryan
 Ms Ethel St Leger
 Mr R Satchwell
 Mrs D Sawyer-Chapman
 The Sceptre Foundation
 Dr Ann Schofield
 Mr Ian A Scott
 Mr Alfred J Sawright

Mr Rodney Senior
 Mr Derek W Seymour
 Dr & Mrs G Shanik
 Mrs Heather Sherlock
 Mr Robert Sherwood
 Mrs Catherine Sides
 Ms Joy Simmons
 Mr WH Skelton
 Mrs Olive Smith
 Fred & Deirdre Spendlove
 Ms Y Stanley
 Revd & Mrs W Steacy
 Mrs H Stedmond
 Professor & Mrs C Stillman
 Mr Mervyn Strong
 Mr Peter Strong
 Miss MH Stuart
 Mr & Mrs WJ Stuart
 Mr R Swainson
 Dr MRH Taylor
 Mrs Audrey Tector
 Revd & Mrs J Teggin
 The Kenneth Thompson Trust
 Mr & Mrs Mark Thornburgh
 Brian and Beatrice Thorpe
 Miss VF Traill
 Mr & Mrs Ruttle
 Ms V Walker
 Mrs Mabel Wallace
 Rt Revd & Mrs Warke
 Mrs Geraldine Watts
 Basil & Olive Waugh
 Mr David C Weir
 Ms G Wells
 Mr & Mrs JR West
 Mr & Mrs RV Westrup

Mr Thomas Whelton
 Mr & Mrs Arthur White
 Mrs Maud White
 Miss Joy Whittaker
 Mrs Ellen Wilkinson
 Mr & Mrs David Will
 Mrs Esme Williams
 Mrs Heather Williamson

CORPORATE DONATIONS

The Barcapel Foundation 5,487

CHURCH/PARISH DONATIONS

Christ Church with
 Mariners 335
 St Matthew's, Irishtown 345
 Malahide, Portmarnock
 & St. Doulagh 200
 St. Thomas, Mount
 Merriion 500

ANONYMOUS

1 x 800
 1 x 1,000
 1 x 14,500
 Anon via A G Graham & Co
 1 x 2,562
 Anon via Matheson
 1 x 3,500
 Anon via Matheson
 2 x 5,000
 Anon via Matheson
 1 x 10,000

LEGACIES

Miss Margaret Flower 10,000
 Mrs Betty McBride 5,000
 Mrs Mary McKee 583
 Mr Brian Overend 5,000
 Miss Jean Wilson 5,000

IN MEMORY

In Memory of Peggy Allshire

Mrs Audrey Cole 100
 Mrs Joy Searight 250

In Memory of Martin James Burbridge

Mr J Burbridge 100

In Memory of Donald Carlyle

Mr & Mrs David Carlyle 500

In Memory of Rosemary Clarke

Mr George Clarke 250

In Memory of Doris Dawson

Mr LK Dawson 100

In Memory Of Mrs Mary Duggan

Mrs Sue Hanaghan 100

In Memory of Cecil and Rosslyn Faulf

Ms N Faulf 50

In Memory of Frances Foley

Miss Elsie Foley 50

In Memory of Eva May Gentleman

Mr & Mrs RG Gentleman 250

In Memory of June Grice

Mrs Elizabeth Rowland 25

In Memory of Gwen Morgan

Mrs Sheila Hillis 125

In Memory of Elizabeth Amanda Rea

Mr DC Rea 50

In Memory of Mrs Violet Shaw

Mr F Higgins 50

In Memory of Jean Wilson

Mrs Thelma Turner 50

Brabazon Trust Sheltered Housing

Sheltered housing in a beautiful setting adjacent to Sandymount Village, offering:

- Purpose-built apartments for independent living while being part of a sheltered community
- Communal dining available daily
- Maintenance and heating costs included
- Bus and DART services nearby
- Shops, churches and other facilities on the doorstep

If you are on the waiting list and in good health and are offered a place at Brabazon, don't delay in availing of the social aspects, camaraderie and safe environment.

Brabazon Sheltered Housing is committed to:

- maintaining and enhancing residents' quality of life
- preserving residents' autonomy and guaranteeing free expression of opinion and freedom of choice
- providing a safe physical and emotional environment within a Christian ethos
- ensuring residents' privacy and dignity are respected

Priority given to existing residents for the HIQA-registered Nursing Home accommodation on site.

Further information is available from: Hugh St Leger, General Manager, The Brabazon Trust, 2 Gilford Road, Sandymount, Dublin 4. Tel: 01 269 1677 ext: 5. email: admin@brabazontrust.ie



The Brabazon Trust

Chairman: Graham Richards.

Committee: Cecil Geelan, Yvonne Good, Jean Miller, Ivor Moloney, Maurice McDonough, Arthur Vincent, Alison Young.

Secretary: Robin George.

Chaplain: Canon Adrian Empey.

Director of Nursing: Susan Anderson.

General Manager: Hugh St Leger.

Adminsitator: Carolyn Gordon.

Medical Officer: Dr KH Moe.

St. John's House

Committee: Ivor Moloney, (Chairman), Barbara Davis, Yvonne Good, Tom Hogan, Eileen Kennedy, Graham Richards, Arthur Vincent.

Director of Nursing: Barbara FitzGerald.

Administrator: Simon Homan.

Auditors

Ormsby &
Rhodes

Bankers

AIB Bank,
40-42 Ranelagh,
Dublin 6

Solicitors

Matheson,
70 Sir John
Rogerson's Quay,
Dublin 2

The
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